Chapter 7

H200 Wireless Stimulation Programs

The NESS H200 Wireless System supports Functional Training, Neuroprosthesis, and Motor Neuromodulation programs designed to open and close the hand.

Functional Training programs are designed to exercise your hand. They consist of repetitive opening and/or closing motions with a relaxation pause between each motion.

Neuroprosthesis programs are designed to assist with the performance of a specific functional task, such as opening a door or holding a cup.

Motor Neuromodulation programs deliver rapid bursts of stimulation to the flexor and extensor muscles, the flexor muscles only, or the extensor muscles only.

During your clinical/therapy sessions:

- Your clinician will select the stimulation programs that best fit your therapeutic needs.
- Assign programs to the program buttons on your Control Unit for you to use at home.
- Customize the programs based on your specific impairment.